



A Study of Motivational Factors Affecting Students' Participation in Inter-Hostel and Inter-Hall Sports

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Abstract

This study focused on examining the motivating factors for AMU student's participation in Inter hostel and Interhall sports competitions. The subjects for this study were AMU students who participate in Inter Hostel and Inter Hall sports. The subjects consisted of Under Graduate (n = 64), Post Graduate (n = 36). The game-wise participants were: (a) Hockey (n = 17), (b) Cricket (n = 22), (c) Football (n = 13), (d) Volleyball (n = 16), (e) Athletics (n = 16), (f) Basketball (n = 8), (g) Badminton (n = 8). The Sports Participation questionnaire developed by Gill et al. (1983) was modified and used for the study. A five-point Likert scale was used in which the points given were: (a) Not at All = 1, (b) No = 2, (c) Often = 3, (d) Sometimes=4 and (e) Always = 5. The results of the study revealed that personal achievement is ranked the most critical reason for University student's participation in Inter hostel and Interhall sports competitions.

Keywords: motivating factors, student's participation, Inter hostel, Inter Hall sports

Introduction

Motivation is a theoretical construct used to explain behavior. It gives the reason for people's actions, desires, and needs. Motivation can also be defined as one's direction to behavior or what causes a person to want to repeat a behavior and vice versa. A motive is what prompts the person to act in a certain way, or at least develop an inclination for specific behavior. According to Maehr and Meyer, "Motivation is a word that is part of the popular culture as few other psychological concepts are."



Interhall and inter hostel competitions at Aligarh Muslim University play a significant role in the selection and assessment of students' potential for the university team of the respective game. Several motivating factors adhere to the participation of students in the inter hall and inter hostel competition. From the start, the inter hostel competitions denote an opportunity for students to show one's ability and to be selected to the next level, i.e., inter hall competition. There are also some other motivating and influencing factors for participation. Therefore, the researcher undertook the study to analyze the Motivational factors influencing participation of Aligarh Muslim University students in inter-hostel and inter-hall sports events.

Methodology

The subjects for this study were AMU students who participate in Inter Hostel and Inter Hall sports. The subjects consisted of Under Graduate (n = 64), Post Graduate (n = 36). The game-wise participants were: (a) Hockey (n = 17), (b) Cricket (n = 22), (c) Football (n = 13), (d) Volleyball (n = 16), (e) Athletics (n = 16), (f) Basketball (n = 8), (g) Badminton (n = 8). The Sports Participation questionnaire developed by Gill et al. (1983) was modified and used for the study. A five-point Likert scale was used in which the points given were: (a) Not at All = 1, (b) No = 2, (c) Often = 3, (d) Sometimes = 4 and (e) Always = 5.

The questionnaire consisted of two sets of questions. The first part of the questionnaire requested demographic information from the subjects. Subjects were asked to indicate their gender, year in University, name of the hostel, and the sports they participate in. The second section of the questionnaire requested information regarding the motivating factors that influenced individuals to participate in Inter hostel and Interhall sports competitions. Subjects were asked to read each item carefully and determine whether or not a particular item described as a factor for their participation in club sports. Subjects were then asked to mark an "Ö" in the box that indicated the importance of each statement.



Results and Discussion

Table 1 representing the Participation Motivation of students

Question	N	Mini mum	Maxi mum	Mean	Std. Deviation
I want to improve my skills	100	1	5	3.25	1.099
I want to be with my friends	100	1	5	2.78	.961
I like to win	100	1	5	2.17	1.74
I want to get rid of energy	100	1	5	1.97	.923
My parents like my sport	100	1	5	2.44	1.019
I want to stay in shape	100	1	5	2.33	.946
I like the teamwork	100	1	5	1.46	.632
My parents want me to play	100	1	5	2.50	.792
My friends want me to play	100	1	5	3.23	1.020
I want to learn new skills	100	1	5	2.68	1.007
I like to meet new friends	100	1	5	1.79	.906
I want to release stress and tension	100	1	5	3.31	1.101
I like rewards	100	1	5	1.59	.809
To get sports kit	100	1	5	2.20	1.044
To get certificate	100	1	5	2.02	1.128
To get Hall Post	100	1	5	2.35	1.136
To get Award and Prizes	100	1	5	1.99	.797
To get admission through sport ctgy.	100	1	5	2.01	.971
To get the sport scholarships	100	1	5	1.62	.769
To get hostel facilities	100	1	5	1.89	.961

Note: (a) Not at All = 1, (b) No = 2, (c) Often = 3, (d) Sometimes=4 and (e) Always = 5.

Table 1 represented the calculated mean scores of the respondents of how the participants ranked the motivating factors as an explanation for their participation in Inter hostel and Interhall sports competitions. The Likert scale included a five-point rating scale, with the following values: (a) Not at All = 1, (b) No = 2, (c) Often = 3, (d)



Sometimes=4 and (e) Always = 5. As can be seen in the results of Table 1, the top three motivational factors with the highest mean scores for the total population (N = 100) are: “I want to release stress and tension” (M = 3.31), “I want to improve my skills” (M = 3.25), and “My friends want me to play” (M = 3.23). Comparatively, the three motivational factors with the lowest mean scores for the total population (N = 100) are: “To get the sports scholarships” (M =1.62), “My parents want me to play” (M = 3.03), and “To get hostel facilities” (M = 1.89).

Conclusion

It is concluded in this study that personal achievement is ranked the most critical reason for University student’s participation in Inter hostel and Interhall sports competitions. A personal achievement was ranked as the number one motivator for both court game and field game participants. It should also be noted that results indicate that affiliation and fitness were ranked as important reasons for participation.

A personal achievement was found to be the highest mean score for motivational participation factors for University students in Inter hostel and Interhall sports competitions. The least likely motivational factor within this study for participation in University Inter hostel and Interhall sports competitions found was family and parental influence. Family and parental influence ranked seventh out of a possible seven factors, much like the Gill et al. study, which found parental influence ranked sixth out of a possible nine factors.



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