



CAUSES AND CONSEQUENCES OF MODERN SUICIDAL CASES

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Abstract: The article focuses on the risk factors for suicide during adolescence, its causes, suicidal tendencies and prevention methods, as well as the views and research of foreign scholars.

Key words: adolescent's tendency, suicidal tendencies, adolescent suicide, stressful situation, morality, deviant behavior.

An individual's anxiety is a stable individual characteristic that reflects the adolescent's tendency to worry and assumes that he or she has a tendency to perceive a wide range of situations as dangerous and to have a specific response to each of them.

An individual's propensity to worry is activated by his or her acceptance of certain stimuli that are considered dangerous for self-assessment. Situational or reactive anxiety is characterized by the following subjective emotions:

- a) tension;
- b); restlessness;
- c) anxiety;
- g) nervousness.

This condition can vary in intensity and dynamics, occurring as an emotional reaction to a stressful situation.

Adolescents and adolescents who fall into the high-risk category (category) tend to accept self-assessment and risk to life activities in a wide range of situations and respond to it with highly expressed anxiety. If the psychological test shows a high level of anxiety in the subject, this is the basis for predicting the occurrence of anxiety in different situations, especially when it comes to assessing his or her potential and status.

Adolescent suicide is a result of personal tragedy, natural disasters, despair, and fear of death. A study of adolescent suicides shows that most suicides are the result of family conflicts, rudeness of teachers, disagreements with classmates, various conflicts, and neglect of others.

In many cases, young people dare to draw the attention of parents and teachers to their concerns, and portray such a horrible path as a rebellion against rudeness, indifference, dishonesty, and cruelty. This step is taken by adolescents who are naturally affected by various stressors that make them feel lonely and useless.

During adolescence, prone to stress and depression, a deviant behavior that worries about its relevance is suicide (Latin *sui caedere* - suicide). According to official data, the number of suicides among young people in the world has doubled over the past two decades. Recently, it has become popular on various segments of social networks such as Instagram, Vkontakte, and has caused a lot of controversy, such as "Blue Whale", "Peaceful House", "WinX", "Run or Die". Games involving minors also end in a participant committing suicide.

The so-called "Blue Whale" is a very dangerous "game" that is popular only on social networks and is not heard by the general public. Why was the blue whale chosen as a symbol? Whales are often reported to have committed suicide by throwing themselves ashore. You see, the example they set was the incomprehensible behavior of an animal, its tragic fate.

The analysis shows that the conditions of the game are carried out by influencing the human mind, initially using simple methods and tools. According to him, the teenager enters the social network at 4:20 am. The group leader, in their language, the "curator," learns the teenager's interests, moods, and information about himself or herself through conversations and questions and answers. Such groups focus on depression, the hardships of life, the hardships of life, injustice, separation from loved ones, inadequacies, and so on.

Naturally, these types of conversations, special videos, photos and songs can lead to depression. Gradually, the teen loses interest in life. And for some as a baby gets older, he or she will outgrow this.

Then a link is sent to test the teenager, as if to test his courage. Initially, the tasks are simple, such as drawing a group symbol. Gradually, the condition worsens, and the blade is instructed to scratch the hand. The participant should then take a picture of the group, show it to the group's "curator" and members, and promote it.

At their age, teenagers are eager to show others what they are capable of and strive to win any game. "Death groups" on social media use these subtleties of teenagers to challenge them to "win" at the end of a dangerous game.

The final stage reveals the essence of the game. At this stage, the teenager is given tasks such as throwing himself from the top floor, crossing the front of a speeding car. It is not allowed to deviate from this, to leave the game at the climax. If the player refuses, he threatens to kill his relatives and parents, and his address is clearly written. The teenager believes that they are really watching him, that if he does not fulfill their condition, he will hurt his relatives, and then commit suicide.

Studies of adolescent suicides show that most suicides are the result of indifference, dishonesty, and cruelty as a result of parental and teacher rudeness, disagreements with classmates, various conflicts, and the neglect of others. occurs as a rebellion against. In today's complex globalization, the issues of solving the current problems in the field of spirituality, preserving and raising the spirituality of our people, especially protecting the hearts and minds of the younger generation from various harmful ideas and ideologies, as well as its protection 'tiborga molikdir. It is important to instill in our adolescents a healthy lifestyle, respect for national and national values from an early age, so that there is no emptiness in the spiritual world of our youth.

The spiritual and moral formation of a person begins with the birth of a child and consists of the spiritual environment in the family, the example of parents, the level of culture, the educational process, the environment and how to organize social life.

In the literature, there is a concept called deviant morality (deviatio - Latin for "deviation"). This concept applies to deviant behavior. Deviant behavior is a form of morality that does not conform to generally accepted or officially established social norms. Deviant morality comes in many forms. This problem is studied in psychology, criminology, medicine, sociology. The most common forms of deviant morality are: - crime; - alcoholism; - drug addiction; - suicide.

In other words, such behavior is inconsistent with existing laws, rules, and traditions. Deviant behavior is caused by a person's spiritual poverty and leads to complex situations between the social environment and the individual. A person who is spiritually mature shows a positive attitude towards social events. The process by which adolescents develop as individuals

prevents them from making informed decisions in difficult situations. As a result, they are often exposed to criminal activity. Adolescents gradually develop deformation in relation to the requirements and norms of the social environment. As a result, negative behavior pervades the adolescent's entire activity and consciousness. As a result, in such situations, the adolescent may engage in illegal activities due to his or her age and inexperience.

Suicide (Latin: sui caedere - suicide) is a deliberate suicide, usually a voluntary and independent suicide.

The perfect definition of suicide was given by the French sociologist Emile Durkheim. According to his interpretation, any death that is a direct or indirect result of a negative act committed by a person knowing the expected outcome is suicide. Suicide is a sign that there are problems in society, in human relationships, that one cannot solve on one's own or that one does not want to solve in a normal, universally acceptable way, and that there is anxiety about personal tragedy, despair, and depression. .

Suicide is a deviant behavior that worries about its relevance during adolescence, which is prone to suicide stress and depression. Suicide is a tragedy that is often difficult to prevent. The motives behind the loss of his life remain a mystery, even to his relatives and friends.

Unfortunately, psychologists are concerned that suicidal ideation is more common during adolescence than at any other age. The problem of suicide, once considered a "closed" mystery and obscure, has hardly been accepted by the public or studied by experts. Now this problem is considered to be one of the most serious problems of the social community, and a lot of scientific research is being conducted to solve it.

According to statistics from the World Health Organization, about a million people commit suicide worldwide each year. The number of suicide attempts is several times higher. There are about 800 types of suicide. Of these, 9 - 41% - of unknown etiology; - 19% - fear of punishment; - 18% - mental illness; - 18% - family problems; - 6% - emotions; - 3% - financial losses; - 1.4% - satiety; - 1.2% - various diseases.

Adolescent suicide usually occurs for a number of social and psychological reasons. Suicidal adolescents often suffer from severe mental illness, severe depression, and are in a state of stress and despair about the future. They feel they have no chance of overcoming their problems.

Perceived helplessness can lead to increased anxiety, depression, and stress in adolescents. In this regard, increased anxiety during adolescence is an important factor in increasing suicidal activity.

Suicide is more common in the spring, when nature is in full bloom. Psychologists point out that the contrast between a depressed mood in the heart and the unusual colors of nature can be the cause. U.S. scientist Thomas Elliot calls April the most brutal month. The highest suicide rate was recorded in April.

Experts have identified the following as the main social factors that lead to suicide:

- parasuicide (secondary suicide under the influence of a suicide that did not occur before);
- exposure to suicidal ideation;
- those who have committed suicide in the family;
- autoaggression;
- people who consume alcohol (30% of all suicides); drug and toxic users (chronic alcohol and drug use leads to depression, depression, guilt, decreased motivation to live);
- people with severe depression;
- chronic and lethal diseases (in cases of no hope of recovery);
- those who have suffered heavy losses (loss of a loved one, etc.);
- various family problems (violence, conflicts, divorces, etc.);

Acute stress is a condition known as adolescent suicide or, in medical parlance, suicide during puberty.

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