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## cnyrs gq I kekftd i fjos'k ea obkfgd I j'puk

Mko d'ekjh vukfedk jkuh

fglnw fookg , d /kkfezd I ldkj gA fglnw I kekftd 0; oLFkk ea i kjhkk I s gh fookg dk LFkku egROI w'kz jgk gS D; kfid ofnd ; q I s gh fookg , d /kkfezd f0; k ds : i ea ekuk tkrk jgk gA \_\_Xon ea dgk x; k gSfd fookg dk m}S; xgLFkh cudj ; Kka dk I Eiknu djuk rFkk I arku mRilu djuk gA if'peh fopkj dka us tgnw dk eq; m}S; ; kA rfr ekuk gS ogha fglnw fookg dk eq; m}S; /keZ dk ikyu djuk gA fglnw fookg ea /keZ dh iZkkurk gkus ds dkj.k vkt Hkh ml ea LFkkf; Ro cuk gqk gA fo}kuka us fglnw fookg dks , d /kkfezd I ldkj dguk gS ftl ds }kjk 0; fDr xgLFkkJe ea i os'k djrk gA bl s , d vkn'kz fookg ekuk tkrk gS rFkk vkfndky ea Hkh dN fo'kSk i f'fLFkfr; ka ea gh nll js fookg dh vufr inku dh xbZ FkhA vkt fglnw fookg vf/kfu; e 1955 iw'kz : i I s ykxw vksj vfuok; Z dj fn; k x; kA

Hkkjr ea fookg dk ijEijxR : i vud iZkj ds fu; eka rFkk fu"ks'kka I s f'kjk gqk gS yfdu vkt vks| kfxdhj.k] uxjhdj.k] i k'pkr; fopkj] f'k{kk fo'kSkdj L=h f'k{kk ds iZkj] jktuhfrd , oa I kekftd I qkjk vkUnksyu vkfn ds QyLo: i I kekftd I j'puk , oa I LFkkvka ea vksj I kFk gh I kFk fopkj] thou n'kZu vkfn ea 0kfrdkjh i f'jorZu gkrs tk jgs gA bu I cka dk 0; kid , oa foLr i Hkko fglnw fookg I LFkk ij Hkh i Mk gS vksj fookg ds I cdk ea dN u, i dfr; kw i ui xbZ gS ftl dk I h/kk i Hkko obkfgd I j'puk ea ns[kus dks fey jgk gA



ky fookg ds nqi fj .kkeka ds l ca/k ea fglunvka ea tkx: drk dkQh rsth l s c<h gs ftl ds dkj.k cky fookg ds i {k ea ykxka dk >plko dkQh rsth l s de gkus yxk gA vkt yMds i jks aj [kMs u gkus rd fookg dk fojksk gA vkt yMfd; ka ea Hkh f'k{kk i klr djds vi us 0; fDrRo dks fodfl r djus rFkk vi us vf/kdkfjka dks l e>us dh i dfr c<+ jgh gs ftl ds dkj.k cky fookg dk fojksk vc fd; kt kus yxk gs vksj fookg dh mez c<rh tk jgh gA fcyEc fookg ds vlrxr yMds vksj yMfd; ka ds fookg ds mez dks fu/kkFjr dj fn; k x; k gA bl fu/kkFjr mez dks fookg ds fy, vkn'kz ekuus dh i dfr Hkh c<rh tk jgh gA vkt ; g vu/kko fd; k tk jgk gs fd fcyEc fookg ea nEifr; ka ds LokLF; dh j {kk} LoLFk l arku] yMds vksj yMfd; ka ds 0; fDrRo ds fodkl ea l fo/kk , oa ; kx; eukodgy thou l kFkh pius ea Hkh l gk; rk feyrh gA fookg l s l c} , d vksj vk/kfud i dfr fo/kok i qufookg dh gA vkt l kekftd , oa Hkkfnd nksuka nf"Vdks k l s ; g vu/kko fd; k tk jgk gs fd fo/kokvka dk Hkh i qufookg gkus pkfg, fo'kksk dj os s fo/kokvka dh tks de vk; q ea fo/kok gks xbz gA muds 0; fDrRo ds fodkl ds fy, vufrd 0; kfhkpkj dks jkdus ds fy, muds cPpka dks vukFk gkus l s cpkus ds fy, vksj fo/kokvka dks Hkh jk"V ds fy, mi ; kxh ukxfjd cukus ds fy, fo/kok i qufookg mfpr , oa U; k; l ar gA ; g /kkj .kk fglunvka ea /khj&/khj s i ui jgh gA

vk/kfud l e; ea fookg ds m}ds; ka ea i fjonu ns[kus dks fey jgk gA vkt ; kA l ca/kh bPNkvka dh i frl ^dky xy] l kd kbMh xyz vkfn ds ek/; e l s l lko gks x; k gA ml h i dki cPpka dk ikyu i ksk.k ea Hkh fookg dk dkol egRo i wkl m}ds; ugha jg x; k gA cPpka ds ikyu i ksk.k dh 0; oLFkk Hkh ul jh ; k vk; kvka dh l gk; rk l s dh tk jgh gA vk/kfud oSkfud ; k 0; fDrRooknh ; q ea /kel dk egRo fnu i frfnu ?kVrk gh tk jgk gs vksj vkt fookg dks /kfezd drd; ds : i ea xg.k djus dh i dfr 'kk; n gh nf"Vxkpkj gksh gA i q dk egRo Hkh vc igys tS k ugha jg x; k gs vksj ; g l e>k tkus yxk fd



i e ; k i e h n k u k a g h i f j o k j d s d Y ; k . k e a l e k u : i l s l g ; k s x n s l d r s g a o r z e k u  
l e ; e a l g f ' k { k k d s f o l r k j } ; p d ; p f r ; k a d k l k f k l k f k d k e d j u s r f k k L o r a r k i o z d  
e s y f e y k i d j u s d s d k j . k o s i j L i j i e d j u s y x r s g s v k s v i u h b P N k u d k j f c u k v i u s  
e k r k & f i r k d h v u e f r d s g h , d n i l j s d k s i f r v k s i R u h d s : i e a ' k j h j & l a k s x ]  
f o f / k o r f o o k g g k u s d s i g y s H k h g k s l d r k g s v k s i e t k f r ; k / k e z d s c a k u d k s L o h d k j  
u g h a d j r k g a ; g h d k j . k g s f d v k t v l r z t k r h ; f o o k g d k H k h i p y u d k Q h r s t h l s c < k  
g a ; g c k r d o y f g l u n w f o o k g d s l c a k e a g h u g h a v l ; H k k j r h ; l e p k ; k a i j H k h y k x i w g k s  
j g h g a f o o k g l s l c a f / k r j h f r f j o k t ; k j L e k a e a H k h d k Q h r s t h l s i f j o r z u g k s j g s g a  
o r z e k u l e ; e a n g s t ; k l g h v f k z e a o j e w ; d k H k h f o j k s k f d ; k t k u s y x k g a  
y M e s v k s y M f d ; k w e a f o ' k s k d j f ' k f { k r y k s k a e a , s h H k k o u k d k Q h r s t h l s f o d f l r g k u s  
y x h g s f d n g s t t s h l k e k f t d i F k k d k v l r g k u k g h p k f g , A ; | f i v k t H k h b l i F k k  
d k i p y u d e u g h a g a y k g s f Q j H k h i o f r b l d s i { k e a u g h a g a i g y s d k k b z H k h f g l u n w  
f o ' k s k d j f g l u n h L = h } f o o k g & f o P N n d h d Y i u k g h u g h a d j r h F k h v k s f o o k g c a k u d k s , d  
v k t h o u d k c a k u e k u f y ; k t k r k F k k i j o r z e k u l e ; e a b l i o f r e a i f j o r z u g k s j g k g s  
v k s v k o ' ; d r k i M e s i j f o o k g f o P N n c j k u g h a g a ; g i o f r f n u i f r f n u i z y g k r h  
t k j g h g a , s k b l f y , g k s j g k g s f d f o o k g f o P N n d h v k o ' ; d r k d i n f o ' k s k i f j l F k f r  
e a g k s l d r h g a , s k v u t k o f d ; k t k j g k o g a f o o k g d s l c a k e a , d O k f i r d k j h i o f r  
t h o u l k f k h d s p u k o d s e k e y s e a t k r h ; c a k u d k s r k M e k ; k v l r f o o k g d s f u ; e k a d k s  
u g h a e k u u k g a v k t v l r z t k r h ; f o o k g d s i f r y k s k a d k > p k o c < k g a



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I nHk&

- 1- dqi Lokeh& I k'sky p'at bu b'fM; k
- 2- d0 , e0 dki fM+ k& e'fj t Q'feyh bu b'fM; k
- 3- Mh0 yuj& nh i kfl x vkD V'fM' kuy I kd kbVh
- 4- Mh0 i h0 eq'kth& ekMuZ b'fM; u dYpj
- 5- e0kboj , oa i st& I kd kbVh
- 6- , e0 , u0 Jhfuokl & I k'sky p'at bu ekMuZ b'fM; k
- 7- i h0 , p0 i Hkq & fgl'nw I k'sky vk'k'z'ukt's'ku
- 8- d0 Mfol & g; ueu I kd kbVh