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MICROFINANCE AND WOMEN EMPOWERMENT IN UTTARAKHAND

Dr. Rituraj Pant, Assistant Professor, Department Of Commerce, Govt. Degree College Satpuli (Pauri Garhwal), Uttarakhand.

Dr. Himani, Assistant Professor, Department Of Economics, Govt. P.G. College Jaiharikhal (Pauri Garhwal), Uttarakhand.

Abstract

Microfinance is now considered one of the most efficient ways through which females in Uttarakhand especially those in the rural area can be empowered. This paper discusses the complex nature and positive effects that the microfinance has on women and their role in the society by empowering them economically and raising their levels and expertise in decision-making within their homes and societies. Taking the programs and institutions that are implemented in the Uttarakhand state such as the Self-Help Groups (SHGs), micro financing institutions like Utkarsh Micro Finance and NABARD the study has highlighted the positive changes that micro financing has brought within the lives of women. While there has been some progress that has been made, major issues like geographic limitations, lack of understanding of money management issues, and high costs of operations are still present, meaning that there is need to find better solutions which will allow for more effective changes for the long run and include different groups of people. Thus, understanding these challenges and using the strengths of microfinance, Uttarakhand can go a long way in enhancing woman's economic status as well as contribute to the enhancement of living standards of the community.

KEYWORD: Microfinance, Uttarakhand, women's empowerment, financial literacy, Communities. Rural development

Women Empowerment is an inclusive and much discussed issue, and it is a dynamic, multidimensional progression, which purposes to empower women to understand their all incentives and potential in all domains of life. All over the world there is a notice that the greatest way to remove poverty and approve the society to improve its life standard through social mobilization of deprived, especially women by microfinance. Microfinance have been recognized as an effective tool for the empowerment of women in urban as well as rural part of India Microfinance consists of the provision of financial services such as loans, savings accounts and insurance to poor customers which will lack access to traditional banking services, due to their low income and high vulnerability levels. The clients as well may lack collateral, steady employment, or proper documentation to gain conventional financial services.



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Proponents believe microcredit empowers people; creating jobs and improving social welfare in developing countries by providing useful loans specifically intended for entrepreneurship-oriented self-employment projects that generate income allowing clients to take care of themselves. Microfinance has been complete recognized to have an optimistic impact on poverty reduction, economic development, and women's empowerment.

Uttarakhand, being a mountainous state with a large rural population, has a high demand for microfinance services., especially women, in rural areas lack access to formal banking services, making microfinance a vital tool for their economic empowerment. Many microfinance institutions (MFIs) operate in Uttarakhand, providing financial services such as loans, savings, and insurance to sidelined women population. These services play catalyst role for women empowerment through start or expand small businesses, meet financial emergencies, and improve their overall living standard.

Microfinance has positively impacted Uttarakhand's rural communities, enabling individuals to access financial services and improve their livelihoods.

Microfinance has played a significant role in empowering women in Uttarakhand, especially in rural areas. By providing access to financial services, microfinance is enabling women to:

- 1. Start or expand their own businesses, increasing their income and economic independence.
- 2. Improve their financial literacy and management skills.
- 3. Enhance their decision-making power within their families and communities.
- 4. Access social services like healthcare and education.
- 5. Build confidence and self-esteem.

Some notable initiatives in Uttarakhand include:

- 1. Self-Help Groups (SHGs): Women's groups that pool their savings and provide loans to members.
- 2. Microfinance programs: Implemented by organizations like Utkarsh Micro Finance, NABARD, and USRLM.
- 3. Entrepreneurship development programs: Training and support for women to start their own businesses.
- 4. Financial literacy programs: Educating women on financial management and planning.



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Microfinance initiatives are a bridging instrument for the holistic women development in Uttarakhand. It encourages women to be financially independent, and hence empowers them. It has dramatically increased the economic participation of women, giving them access to capital and opportunities. With access to microfinance and the subsequent establishment of one or more businesses, women generate income that enables them to support their families while simultaneously positively impacting other domains of their lives. Uttarakhand is the second state in India, after Karnataka, to implement a microfinance programme Overall, access to microfinance has resulted in an improvement in the health of women and their families. Increased access to financial capital has enabled women to afford better healthcare for their families, leading to improved health outcomes across the board. Furthermore, access to microfinance has facilitated better-quality education for women and their children. Improvement in the health and education of women and their children leads to a multiplier effect that forces the entire family upward on the income ladder. Microfinance programmes have improved the status and respect that women have earned in their communities. As they have contributed economically (via financial decisions) and developed their capabilities, they have also become more influential vis-à-vis households and communities. This has also led to lesser instances of gender violence, since economic empowerment is directly linked to an increased ability to make choices in the private sector. Microfinance programmes facilitate development of women in Uttarakhand by helping them ascend the socioeconomic ladder. Through access to microfinance and literacy programmes, women have developed the confidence and skills to take on leadership roles in formal businesses as well as in community initiatives. Their enhanced capabilities have inspired others as well, creating a multiplier effect that can change social structures.

Challenges related to microfinance in Uttarakhand:

- 1. Geographical barriers: Remote and mountainous terrain makes it difficult to reach rural areas.
- 2. Limited financial literacy: Clients may not fully understand financial concepts and services.
- 3. High operational costs: MFIs face increased costs due to terrain, transportation, and staffing challenges.
- 4. Low income and irregular income: Clients may struggle to repay loans due to irregular or low income.
- 5. Limited access to technology: Clients and MFIs may face challenges in accessing digital platforms and online services.



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6. Dependence on external funding: MFIs may rely heavily on external funding, which can be unpredictable.

7. Regulatory challenges: MFIs must navigate complex regulatory requirements and licensing issues.

8. High interest rates: MFIs may charge high interest rates due to operational costs and risk, making it difficult for clients to repay loans.

9. Limited product offerings: MFIs may not offer a diverse range of financial products and services.

10. Social and cultural barriers: Gender and caste biases may limit access to microfinance services for marginalized groups.

11. Lack of financial infrastructure: Limited access to banking services, ATMs, and payment systems.

12. Natural disasters and climate change: Frequent natural disasters and climate change impacts can affect clients' ability to repay loans.

Addressing these challenges is crucial to ensuring that microfinance in Uttarakhand is effective, sustainable, and truly empowers the lives of marginalized communities.

Suggestions for improvement in microfinance in Uttarakhand:

1. Increased outreach: Increase microfinance services to remote, underserved areas, digital platforms and partnerships with local administrations.

2. Financial literacy: Integrate comprehensive financial education and literacy programs to empower clients.

3. Diversified products: Offer a range of financial services, including savings, insurance, and pensions, to meet diverse client needs.

4. Technology adoption: Leverage digital solutions, such as mobile banking and biometric authentication, to enhance efficiency and security.

5. Capacity building: Provide training and capacity-building programs for microfinance institutions (MFIs) and their staff.



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6. Regulatory support: Encourage a supportive regulatory environment, balancing client protection with innovation and growth.

- 7. Collaboration and partnerships: Foster partnerships among MFIs, government agencies, and other stakeholders to maximize impact.
- 8. Client protection: Implement robust client protection principles, ensuring fair treatment, transparency, and privacy.
- 9. Innovative products: Develop products tailored to local needs, such as agricultural and environmental finance.
- 10. Impact assessment: Regularly monitor and evaluate the social and economic impact of microfinance initiatives.
- 11. Women-centric initiatives: Design programs specifically addressing the needs and challenges of women clients.
- 12. Financial inclusion: Expand services to marginalized groups, such as persons with disabilities and rural communities.

By implementing these suggestions, microfinance in Uttarakhand can become more effective, sustainable, and impactful, ultimately contributing to the state's economic growth and social development.

Conclusion:

research findings underline the importance of microfinance in strengthening women and financial inclusion in areas like Uttarakhand. Women in the rural areas have been undergoing economic empowerment through working on their financial capabilities as an intervention of which microfinance institutions and self-help groups have played a key role, thus resulting to increase in savings. The effectiveness of peer-group lending schemes also underlines how essential social capital is in providing a mechanism to provide women with financial inclusion. Efforts to better integrate women in financial inclusion programs must continue as the motivated way to sustainable development and gender equality.

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